

Foundation course
1st August to 2nd September 2019

WEEK 1

1st to 3rd August

| Time | Mon | Tue | Wed | Thus 1st August | Fri 2nd August | Sat 3rd August |
|-----------------|------------|------------|------------|---|---|--|
| 8 -9am | | | | Welcome speech by Dean and Principal Ice breaking (All 4 HODs) | Professional qualities and roles of a physician | Expectations of physician from society and Peers |
| 9 – 10am | | | | | Professional qualities and roles of a physician | Expectations of physician from society and Peers |

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| 10-11am | | | | Introduction to 1st year Departments Anatomy, Physiology & Biochemistry | Physician's role and responsibility to society and community | Expectations of physician from society and Peers |
| 11 – 12pm | | | | | Introduction to Medical ethics | Sports |
| 1-2 PM | | | | Introduction to the MBBS Program | Introduction to Medical ethics | Sports |
| 2- 4pm | | | | Interactive session | ECA | - |

WEEK 2 –

5th to 10th August

| Time | Mon 5th Aug | Tue 6th Aug | Wed 7th Aug | Thus 8th Aug | Fri 9th Aug | Sat 10th August |
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| 8 -9am | Being a Medical Student Keen Observation is key to success | Health care delivery system in India | Health care delivery system in India | Inter-personal relationship | National Health Programs | Field visit to PHC/ CHC |
| 9 – 10am | Being a Medical Student Keen Observation is key to success | Academic Ambience | Bio-safety/ Needle prick injuries | | | Field visit to PHC/ CHC |

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| 10-11am | Commitment to lifelong learning as an important part of physician's growth | Introduction to alternate health care systems & H/O Medicine | Bio-safety/ Needle prick injuries | Gender sensitivity in medical profession | National Health Programs | Field visit to PHC/ CHC |
| 11 – 12pm | Commitment to lifelong learning as an important part of physician's growth | Introduction to alternate health care systems & H/O Medicine | Bio-safety/ Needle prick injuries | Expectations of society and patients from doctors Discussion | Computer/Language | Field visit to PHC/ CHC |
| 1-2 PM | Academic ambience | Mentorship program | Mentorship program | Expectations of society and patients from doctors Discussion | Computer/Language | Sports |

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| 2- 4pm | ECA | ECA | Sports | Sports | Computer/Language | |
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WEEK 3 - 12th to 17th August

| Time | Mon 12th Aug No class | Tue 13th Aug | Wed 14th Aug | Thus 15th Aug No class | Fri 16th Aug | Sat 17th August |
|-----------------|--|------------------------------------|------------------------------------|--|------------------------------------|----------------------------|
| 8 -9am | Immunization requirements of health care professionals | Proper hand washing technique | Learning pedagogy | | BLS/ First Aid | Field visit to PHC/ CHC |
| 9 – 10am | Immunization requirements of health care professionals | Documentation and medical records | Pedagogy/andragogy | | BLS/ First Aid | Field visit to PHC/ CHC |

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| 10-11am | Introduction to research | Documentation and medical records | Pedagogy/angragogy | | BLS/ First Aid | Field visit to PHC/ CHC |
| 11 – 12pm | Introduction to research | Biomedical waste management | SDL | | Computer/Language | Field visit to PHC/ CHC |
| 1-2 PM | Time and Stress management | Biomedical waste management | SDL | | Computer/Language | Sports |
| 2- 4pm | ECA | ECA | Computer/Language | | Computer/Language | |

WEEK 4 - 19th to 24th August

| Time | Mon 19th Aug | Tue 20th Aug | Wed 21st Aug | Thus 22nd Aug | Fri 23rd Aug No class | Sat 24th August |
|-----------------|-------------------------|------------------------------------|--|--------------------------|--------------------------------------|----------------------------|
| 8 -9am | Universal precautions | Team work in medical profession | Communication with patients and families | Evidence based medicine | | Field visit to PHC/ CHC |
| 9 – 10am | Universal precautions | Team work in medical profession | Communication with patients and families | | | Field visit to PHC/ CHC |

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| 10-11am | Concept of professionalism Consequences of unethical & unprofessional behavior | Maintaining a diary and portfolio management | Communication with patients and families | Learning from patients and other members of health care team | | Field visit to PHC/CHC |
| 11 – 12pm | Concept of professionalism Consequences of unethical & unprofessional behavior | Maintaining a diary and portfolio management | Communication with patients and families | Learning from patients and other members of health care team | | Field visit to PHC/CHC |
| 1-2 PM | Computer/Language | Computer/Language | Computer/Language | Computer/Language | | Sports |
| 2- 4pm | ECA | ECA | Sports | Sports | | - |

WEEK 5 – 26th to 31st August

| Time | Mon 26th Aug | Tue 27th Aug | Wed 28th Aug | Thus 29th Aug | Fri 30th Aug | Sat 24th August |
|-----------------|-------------------------|------------------------------------|---------------------------|--------------------------|-------------------------|----------------------------|
| 8 -9am | Role modelling | Peer assisted learning | Simulation based learning | Principles of ethics | Video reflection | Field visit to PHC/ CHC |
| 9 – 10am | Role modelling | Peer assisted learning | Simulation based learning | | Video reflection | Field visit to PHC/ CHC |

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| 10-11am | How to perform better in exams? | Assessment driven learning | Students involvement in Research ICMR STS | Principles of ethics | Video reflection | Field visit to PHC/ CHC Field visit to PHC/ CHC |
| 11 – 12pm | How to perform better in exams? | Assessment driven learning | Students involvement in Research ICMR STS | Principles of ethics | Computer/Language | Sports |
| 1-2 PM | Computer/Language | Computer/Language | Computer/Language | Computer/Language | Computer/Language | |
| 2- 4pm | ECA | ECA | Sports | Sports | Computer/Language | |